2027 No Buy Challenge Calendar

One theme a month · essentials always allowed

Month	Pause	My swap	Keep / adjust / drop
January	New clothes		☐ ☐ ☐
February	Takeout and cafe drinks		☐ ☐ ☐
March	Beauty and toiletries		☐ ☐ ☐
April	Home decor		☐ ☐ ☐
May	Paid entertainment extras		☐ ☐ ☐
June	Convenience snacks and drinks		☐ ☐ ☐
July	Gadgets and accessories		☐ ☐ ☐
August	Back-to-school extras		☐ ☐ ☐
September	Early fall shopping		☐ ☐ ☐
October	Halloween costumes and decor		☐ ☐ ☐
November	Impulse buys before the holidays		☐ ☐ ☐
December	Impulse gifts		☐ ☐ ☐

Habits I am carrying into 2028: